



The Metropolitan Centre ~ Buffet Breakfasts

Metro Signature

Chilled Tropicana & Ocean Spray Juices

Poached Eggs Benedict ~ **Choice of 2:**

Benedict ~ Canadian Back Bacon & Hollandaise Sauce

Blackstone ~ Vine Ripened Tomatoes, Aged Cheddar Cheese
& Hollandaise sauce

Florentine ~ Spinach & Hollandaise Sauce

Pacifica ~ Canadian Nanook Smoked Salmon & Hollandaise
Sauce

Italian ~ Pancetta & Tomato Sauce

Home Fries

Sliced Fresh Fruit in Season

Muffins, Danish & Croissants

Preserves, Creamery Butter & Nutella

Frog Friendly Coffee & Mighty Leaf Teas

\$29.00 per person

Classic Continental

Chilled Tropicana & Ocean Spray Juices

Bottled Naked Juice Smoothies

Sliced Fresh Fruit in Season

Muffins, Danish & Croissants

Preserves, Creamery Butter & Nutella

Frog Friendly Coffee & Mighty Leaf Teas

\$24.00 per person

Rocky Mountain Ranch

Chilled Tropicana & Ocean Spray Juices

Scrambled Omega 3 Eggs

Bacon & Chicken Sausage

Home Fries

Sliced Fresh Fruit in Season

Muffins, Danish & Croissants

Preserves, Creamery Butter & Nutella

Frog Friendly Coffee & Mighty Leaf Teas

\$28.00 per person

All Buffets are served for 1 hour 30 minutes.

Final guarantees are due on the Thursday, one week prior to the event date. Guarantees are not subject to reduction. Increases in guarantees once submitted may be subject to alternate meal selection determined by the Chef. All food and beverage pricing is subject to change, 18% gratuity and 5% GST.



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Keep It Healthy

Chilled Tropicana & Ocean Spray Juices

Egg White Cloud with ~ **Choice of:**

Cheese, Spinach, Tomato, Green Onion, Peppers

Bottled Naked Juice Smoothies

Granola & Fruit Parfaits

Frog Friendly Coffee & Mighty Leaf Teas

\$25.00 per person

Bistro Breakfast

Chilled Tropicana Juices & Ocean Spray Juices

Bistro Breakfast Sandwich

(Savory Breakfast Pastry filled with Turkey & Cheese)

Choice of 1 topping:

Spinach, Roasted Peppers & Tomatoes **(or)** Egg & Cheese

Sliced Fresh Fruit in Season

Assorted Yogurts

Frog Friendly Coffee, Mighty Leaf Teas & Espresso

\$25.00 per person

Breakfast Enhancements

Assorted Baked Goods

(Muffins, Danish & Croissants)

\$ 3.25

Assorted Fruit & Berry Yogurts

\$ 2.75

Egg McMetro (Omega 3 Egg, Cheddar Cheese & Turkey Sausage on an English Muffin)

\$ 5.75

Breakfast Burrito (Omega 3 Egg, Cheese, Peppers & Sausage in a Wrap)

\$ 5.75

Monte Cristo (Stuffed French Toast with Cheese and Turkey)

\$ 6.75

French Toast **(or)** Pancakes

\$ 3.25

Breakfast Sausage 3 Pieces

(Beef, Chicken, Turkey **(or)** Maple Pork)

\$ 2.75

Chef Attended Omelette Station

\$ 8.50

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